

Exercises for Stick Control & Finger Dexterity

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* To facilitate counting, shorten the numbers seven to 'sev' and eleven to 'lev.'

1.

1 e & a 2 e & a 3 e & a 4 e & a L
 R L R L R L R L R L R L R L R L R L R L
 4
 2 2 4 4 2 2 4 4 2 2 4 4 2 2 4 4 2 2 4 4 2 2

2.

3.

4.

5.

6.

A musical score for two voices, Treble and Bass, in common time. The Treble voice consists of a continuous eighth-note pattern on the A string (5th line). The Bass voice consists of a continuous eighth-note pattern on the D string (3rd line). Both voices play quarter notes on the G string (4th line) at regular intervals. The music is divided into measures by vertical bar lines.

7.

8.

9.

21.

22.

A musical score for a single melodic line on a staff with a key signature of one sharp (F#) and a time signature of common time (4/4). The melody consists of eighth-note pairs. Below the staff, a grid shows the notes grouped by measure, with each note's vertical position corresponding to its pitch and horizontal position corresponding to its onset. The notes are labeled with letters L or R and numbers 1 through 4.

23.

24.

25.

26.

27.

28.

29.

30.

31.

5 | : | : **7** |

R L L R L L R L L R L R L L R L L R L R L
L R R L R R L R L R R L R L R R L R L R L
4 4 3 4 4 4 3 4 4 3 4 4 4 3 4 4 3 4 4 3 4
4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4

32.

5 | : | : **7** |

R R R L L L R R R L L L R R R L L L R R R
L L L R R R L L L R R R L L L R R R L L L
4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4

33.

5 | : | : **7** |

R R R L L L R R R L L L R R R L L L R R R
L L L R R R L L L R R R L L L R R R L L L
4 3 2 4 3 4 3 2 4 3 4 3 2 4 3 4 3 2 4 3 2 4
4 3 2 3 2 4 3 2 3 2 4 3 2 3 2 4 3 2 3 2 4 3 2

34.

5 | : | : **7** |

R R R L L L R R R L L L R R R L L L R R R
L L L R R R L L L R R R L L L R R R L L L
4 3 2 4 3 4 4 3 2 4 3 4 4 3 2 4 3 4 4 3 2 4
4 3 2 3 2 4 4 3 2 3 2 4 4 3 2 3 2 4 4 3 2 3

35.

5 | : | : **7** |

R R R R R L L L L R R R R R L L L L R R R R
L L L L R R R R L L L L R R R R L L L L R R R R
5 4 3 2 5 4 3 2 5 4 3 2 5 4 3 2 5 4 3 2 5 4 3 2

36.

5 | : | : **7** |

R R R R R L L L L R R R R R L L L L R R R R
L L L L R R R R L L L L R R R R L L L L R R R R
5 4 3 2 4 3 2 4 3 4 5 4 3 2 4 3 2 4 3 4 5 4 3 2 4
5 4 3 2 4 3 2 3 2 4 5 4 3 2 4 3 2 3 2 4 5 4 3 2 4

37.

7 | : | : **8** |

1 & 2 & 3 & 4 & 5 & 6 & 7* &
R L R L R L R L R L R L R L R L R L R L R L R
L R L R L R L R L R L R L R L R L R L R L R L
4
2 2 4 4 4 2 2 4 4 4 2 2 4 4 4 2 2 4 4 4 2 2

1 & 2 & 3 & 4 & 5 & 6 & 7 &
R L R L R L R L R L R L R L R L R L R L R L
L R L R L R L R L R L R L R L R L R L R L R
4
2 2 4 4 4 2 2 4 4 4 2 2 4 4 4 2 2 4 4 4 2 2

38.

7 | : | : **8** |

R R L R L R L R L R L R L R L R L R L R L
L R L R L R L R L R L R L R L R L R L R L R L
4 3 4 3 4 3 4 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3
3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2

39.

7 | : | : **8** |

R L R R R L R L R L R L R L R L R L R L R
L R L L R L R L R L R L R L R L R L R L R L
4 4 4 4 3 2 4 4 4 3 2 4 4 4 3 2 4 4 3 2 4 3
4 4 3 2 4 3 2 4 4 3 2 4 4 3 2 4 4 3 2 4 3 2

40.

7 | : | : **8** |

R R R R L R L R L R L R L R L R L R L R L
L R L R L R L R L R L R L R L R L R L R L R
4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4
4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4 3 2 4

51.

52.

53.

54.

55.

56.

57.

58.

59.

60.

61.

1 *ki* da 2 *ki* da 3 *ki* da 4 *ki* da
 R L R L R L R L R L R L
 L R L R L R L R L R L R
 4 4 4 4 4 4 4 4 4 4 4 4
 2 2 4 2 4 2 4 2 4 2 4 2

62.

63.

R L R L R L R L
 4 4 4 3 2 4 4 3
 4 4 3 2 4 4 3 2

64.

65.

A musical staff showing a continuous eighth-note pattern across ten measures. The key signature changes from A major (two sharps) to G major (one sharp). Below the staff, a detailed fingering chart shows the sequence of R (right hand), L (left hand), and LR (both hands) for each measure.

66.

67.

68.

69.

70.

R R L L R R L L R R L L R L R L R R R L R
 L L R R L L R R L L R L R L R R R L R
 4 3 4 3 4 3 4 3 4 3 4 3 4 3 4 3 4 3
 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2

71.

72.

R R R L R R R L R R R L R R R L R R R L R
 L L L R L L L R L L L R L L L R L L L R L
 4 3 2 4 4 3 2 4 4 3 2 4 4 3 2 4 4 3 2 4 4 3 2 4

73.

O say can you see

74.

75.

76.